



May 2011 E-zine



May is Older Americans Month 2011

The theme of this year's celebration-Older Americans: Connecting the Community-pays homage to the many ways in which older adults bring inspiration and continuity to the fabric of our communities. It also highlights the many ways technology is helping older Americans live longer, healthier and more engaged lives.

[Click here to enter site](#)

May is National Osteoporosis Prevention Month

National Osteoporosis Foundation is launching an Online Toolkit in celebration of National Osteoporosis Awareness and Prevention Month with materials that you can use to increase awareness of osteoporosis and bone health among women and men of all ages and backgrounds.

[Access the online toolkit](#)



Food Safety for Older Adults: A Need-To-Know Guide for Those 65 Years of Age And Older

From the U.S. Department of Agriculture Food Safety and Inspection Service, this booklet is designed to provide practical guidance on how to reduce risk of foodborne illness in older adults.

[Download Booklet](#)

New Consumer Videos from FightBac

Short public service type videos on safe food handling developed by Cornell University include resources such as fact sheets, charts, information on food thermometers and more.

[Free downloadable information from FightBac](#)

[View/download the Videos](#)





May 2011 E-zine (continued)

Free Tools and Information on Culture Change and Person Centered Care



[From Consumer Voice](#) - March 23, 2011 Webinar:

The Green House Model: Strengths and Weaknesses for Residents' Quality of Care and Life.

[From Pioneer Network](#) - Artifacts of Culture Change Benchmark Reports (04/01/2010 - 3/31/2011)

[Positive Outcomes of Culture Change](#) - The Case for Adoption

Practice Standards for RDs in Extended Care Settings Published

ADA has published "Standards of Practice and Standards of Professional Performance for Registered Dietitians (Competent, Proficient, and Expert) in Extended Care Settings" in the April Journal of the American Dietetic Association. These standards are tools for credentialed dietetics practitioners to use in professional development. They serve as guides for self-evaluation and to determine the education and skills needed to advance an individual's level of practice.

[Access for ADA members](#)

Dietary Supplement Use Among U.S. Adults Has Increased Since NHANES III (1988–1994)

Dietary supplements can contain nutrients in amounts as high as or higher than the Institute of Medicine's Recommended Dietary Reference Intakes, therefore contributing substantially to total nutrient intake...This report provides estimates of dietary supplement use for specific population groups over time. In addition to overall use of dietary supplements, this report focuses on estimates for specific nutrients consumed through dietary supplement use.



[Read this important report](#)